

Menu Plans (Non-Therapeutic)

Juvenile Diet

- A. For those offenders in the Youthful Offender Program, a special menu should be provided.
- B. The Juvenile Diet is not a Therapeutic Diet but is a variation of the regular menu program.
- C. The Juvenile Diet **does not** require a **physician's order**.
- D. The Juvenile Diet provides additional calories and calcium required by these offenders.
- E. **Offenders in the Youthful Offender Program shall be provided the extra sandwich and 8 oz. milk only if they request these items.**
- F. There is no p.m. snack provided on the Juvenile Diet.

Juvenile Diet Menu

Offenders in the Youthful Offender Program shall be provided either a regular, meat-free, or pork-free tray at each meal.

Offenders in the Youthful Offender Program shall be provided access to an 8 oz. serving of milk at each meal.

Offenders in the Youthful Offender Program shall be provided access to a sandwich at each meal in addition to their tray. **(See E above)**

- Breakfast Peanut Butter and Jelly
- Lunch Meat Sandwich
- Dinner Cheese Sandwich