

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 1								
Meat	Boiled Eggs	2 ea	Meat	Baked Chicken	1 qtr	Meat	Tuna	4 oz
Bread	Toast	2 slices					Salad Dressing	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Stewed Potatoes	4 oz	Veg	Carrots (PP)	4 oz
	Sugar	1 tbsp	Veg	Greens (PP)	4 oz	Veg	Whole Kernel Corn	4 oz
	Coffee						Pickle Relish	1 tbsp
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea		jy	Tea	

Day 2								
Meat	Scrambled Eggs	4 oz	Meat	Hamburger Patty	1 ea.	Meat	Grd. Beef & Macaroni	8 oz
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Dried Fruit	2 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Oven Potatoes	4 oz	Veg	Green Beans	4 oz
			Veg	Sauerkraut	4 oz	Veg	Mixed Vegetables	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 3								
Meat	Boiled Eggs	2 ea	Meat	Bologna	4 slices	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices		Salad Dressing	1 tbsp		Catsup	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Sweet Potatoes	4 oz	Veg	Green Beans	4 oz
	Sugar	1 tbsp	Veg	Mixed Vegetables	4 oz	Veg	W/K Corn	4 oz
	Coffee			Dill Pickles	2 oz			
Dairy	Milk		Bread	Sliced Bread	4 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 4								
Meat	Fried Eggs	2 ea	Meat	Chicken Nuggets	4 oz	Meat	Beef & Egg Noodles	8 oz
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Canned Fruit	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Navy Beans	4 oz
Bread	Toast	2 slices	Bread	Steamed Rice	4 oz			
	Jelly	1 tbsp	Veg	Mixed Vegetables	4 oz	Veg	Sweet Potatoes	4 oz
			Veg	Greens (PP)	4 oz	Veg	Green Beans	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 5

Meat	Scrambled Eggs	4 oz	Meat	Fish Sticks	8 ea.	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices		Catsup	1 tbsp			
Bread	Dry Cereal	1 ea	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Dried Fruit	2 oz						
			Veg	Oven Potatoes	4 oz	Veg	Carrots	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	W/K Corn	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 6

Meat	Scrambled Eggs	4 oz	Meat	Salami	4 slices	Meat	Hamburger Patty	1 ea.
Bread	Oatmeal	4 oz		Salad Dressing	1 tbsp		Catsup	1 tbsp
Fruit	Canned Fruit	4 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Mixed Vegetables	4 oz	Veg	Mashed Potatoes	4 oz
			Veg	Green Beans	4 oz	Veg	Carrots (PP)	4 oz
	Sugar	1 tbsp		Dill Pickles	2 oz.			
	Coffee		Bread	Sliced Bread	4 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 7

Meat	Boiled Eggs	2 ea	Meat	Hot dogs	2 each	Meat	Bologna	4 slices
Bread	Toast	2 slices		Catsup	1 tbsp		Salad Dressing	1 tbsp ea
Bread	Oatmeal	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Oven Potatoes	4 oz	Veg	Oven Fried Potatoes	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Carrots	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	4 slices
				Tea			Tea	

Day 8

Meat	Scrambled Eggs	4 oz	Meat	Hamburger Patty	1 ea	Meat	Fish Sticks	8 ea.
Bread	Toast	2 slices					Catsup	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Navy Beans	4 oz
Fruit	Canned Fruit	4 oz	Bread	Spanish Rice	4 oz	Bread	Steamed Rice	4 oz
			Veg	W/K Corn	4 oz	Veg	Green Beans	4 oz
	Sugar	1 tbsp	Veg	Greens (PP)	4 oz	Veg	Mixed Vegetables	4 oz
	Coffee							
Dairy	Milk		Bread			Bread	Sliced Bread	2 slices
				Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 9								
Meat	Scrambled Eggs	4 oz	Meat	Chicken Nuggets	4 oz	Meat	Grd. Beef & Macaroni	8 oz
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Dried Fruit	2 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Green Beans	4 oz		Sweet Potatoes	4 oz
			Veg	Carrots (PP)	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 10								
Meat	Boiled Eggs	2 ea	Meat	Hamburger Patty	1 ea.	Meat	Bologna	4 slices
Bread	Toast	2 slices		Catsup	1 tbsp		Salad Dressing	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Sweet Potatoes	4 oz	Veg	Mashed Potatoes	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Carrots (PP)	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	4 slices
				Tea			Tea	

Day 11								
Meat	Fried Eggs	2 ea	Meat	Hot dogs	2 each	Meat	Gr Beef wSpaghetti & Tomato Sauce	8 oz
Bread	Dry Cereal	1 ea	Bread	Rice	4 oz			
Fruit	Canned Fruit	4 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	W/K Corn	4 oz	Veg	Carrots (PP)	4 oz
			Veg	Sweet Potatoes	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 12								
Meat	Scrambled Eggs	4 oz	Meat	Tuna	4 oz	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices		Salad Dressing	1 tbsp		Catsup	1 tbsp
Bread	Dry Cereal	1 ea	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Green Beans	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp	Veg	Carrots (PP)	4 oz	Veg	Whole Kernel Corn	4 oz
	Coffee			Relish	1 tbsp			
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 13

Meat	Scrambled Eggs	4 oz	Meat	Hamburger Patty	1 ea	Meat	Fish Sticks	8 ea.
Bread	Oatmeal	4 oz		Catsup	1 tbsp		Catsup	1 tbsp
Fruit	Canned Fruit	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Vegetarian Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Mashed Potatoes	4 oz	Veg	Mixed Vegetables	4 oz
			Veg	Green Beans	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 14

Meat	Boiled Eggs	2 ea	Meat	Chicken Nuggets	4 oz	Meat	Scrambled Eggs	4 oz
Bread	Toast	2 slices		Catsup	1 tbsp			
Bread	Oatmeal	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat	Hamburger Patty	1 ea.
Fruit	Canned Fruit	4 oz	Bread	Boiled Rice	4 oz	Bread	Corn Tortillas	2 ea
			Veg	Carrots	4 oz	Veg	Oven Potatoes	4 oz
	Sugar	1 tbsp	Veg	Whole Kernel Corn	4 oz		Catsup	1 tbsp
	Coffee					Fruit	Fruit	4 oz
Dairy	Milk		Bread	Sliced Bread	2 slices	Dairy		
				Tea			Coffee	

Day 15

Meat	Fried Eggs	2 ea	Meat	Bologna	4 slices	Meat	Tuna	4 oz
Bread	Toast	2 slices		Salad Dressing	1 tbsp		Salad Dressing	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Black-Eye Peas	4 oz	Meat/Bean	Navy Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Sweet Potatoes	4 oz	Veg	Mixed Vegetables	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Oven Fried Potatoes	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	4 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 16

Meat	Scrambled Eggs	4 oz	Meat	Chicken Qtrs.	1 ea	Meat	Hamburger Patty	1 ea.
Bread	Dry Cereal	1 ea						
Fruit	Dried Fruit	2 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Carrots	4 oz	Veg	Mashed Potatoes	4 oz
			Veg	Green Beans	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 17

Meat	Fried Eggs	2 ea	Meat	Grd. Beef & Noodles	8 oz	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices						
Bread	Oatmeal	4 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz				Bread	Rice	4 oz
			Veg	Carrots (PP)	4 oz	Veg	W/K Corn	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Mixed Vegetables	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 18

Meat	Scrambled Eggs	4 oz	Meat	Fish Sticks	8 ea	Meat	Chicken Nuggets	4 oz.
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Canned Fruit	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Green Beans	4 oz	Veg	Sweet Potatoes	4 oz
			Veg	Mixed Vegetables	4 oz	Veg	Carrots	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 19

Meat	Boiled Eggs	2 ea	Meat	Salami	4 slices	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices		Salad Dressing	1 tbsp			
Bread	Dry Cereal	1 ea	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Dried Fruit	2 oz				Bread	Steamed Rice	4 oz
			Veg	Whole Kernel Corn	4 oz	Veg	Squash (PP)	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Mixed Vegetables	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	4 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 20

Meat	Scrambled Eggs	4 oz	Meat	Fish Sticks	8 ea	Meat	Grd. Beef & Noodles	8 oz
Bread	Oatmeal	4 oz		Catsup	1 tbsp			
Fruit	Canned Fruit	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Mashed Potatoes	4 oz	Veg	Green Beans	4 oz
			Veg	Carrots (PP)	4 oz	Veg	Whole Kernel Corn	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 21

Meat	Fried Eggs	2 ea	Meat	Bologna	4 slices	Meat	Tuna	4 oz
Bread	Toast	2 slices		Salad Dressing	1 tbsp		Salad Dressing	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Baked Potatoes	1 ea	Veg	Stewed Potatoes	4 oz
	Sugar	1 tbsp	Veg	Carrots (PP)	4 oz	Veg	W/K Corn	4 oz
	Coffee						Relish	1 tbsp
Dairy	Milk		Bread	Sliced Bread	4 slices	Bread	Crackers	12 ea
				Tea			Tea	

Day 22

Meat	Boiled Eggs	2 ea	Meat	Hamburger Patty	1 ea	Meat	Chicken Nuggets	4 oz
Bread	Toast	2 slices					Catsup	2 oz
Bread	Oatmeal	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Navy Beans	4 oz
Fruit	Canned Fruit	4 oz	Bread	Spanish Rice	4 oz			
			Veg	W/K Corn	4 oz	Veg	Green Beans	4 oz
	Sugar	1 tbsp	Veg	Greens (PP)	4 oz	Veg	Squash (PP)	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 23

Meat	Scrambled Eggs	4 oz	Meat	Hamburger Patty	1 ea	Meat	Grd. Beef w/ Spaghetti & Meat Sauce	8 oz
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Dried Fruit	2 oz	Meat/Bean	Vegetarian Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Green Beans	4 oz	Veg	Carrots (PP)	4 oz
			Veg	Oven Fried Potatoes	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp				Bread	Sliced Bread	2 slices
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 24

Meat	Fried Eggs	2 ea	Meat	Chicken Qtrs	1 ea	Meat	Hamburger Patty	1 ea
Bread	Toast	2 slices						
Bread	Oatmeal	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz	Bread	Rice	4 oz			
			Veg	Sweet Potatoes	4 oz	Veg	Mixed Vegetables	4 oz
	Sugar	1 tbsp	Veg	Green Beans	4 oz	Veg	Greens	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread		
				Tea			Tea	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 25

Meat	Fried Eggs	2 ea	Meat	Hamburger Patty	1 ea.	Meat	Grd. Beef & Macaroni	8 oz
Bread	Oatmeal	4 oz		Catsup	1 tbsp			
Fruit	Canned Fruit	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Vegetarian Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Mashed Potatoes	4 oz	Veg	Green Beans	4 oz
			Veg	Carrots (PP)	4 oz	Veg	W/K Corn	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 26

Meat	Boiled Eggs	2 ea	Meat	Hot dogs	2 each	Meat	Tuna	4 oz
Bread	Toast	2 slices		Catsup	1 tbsp		Salad Dressing	
Bread	Dry Cereal	1 ea	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Navy Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Oven Potatoes	4 oz	Veg	Mixed Vegetables	4 oz
	Sugar	1 tbsp	Veg	Squash (PP)	4 oz	Veg	Green Beans	4 oz
	Coffee							
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
				Tea			Tea	

Day 27

Meat	Scrambled Eggs	4 oz	Meat	Grd. Beef & Noodles	8 oz	Meat	Salami	2 slices
Bread	Oatmeal	4 oz			2 oz		Salad Dressing	1 tbsp
Fruit	Canned Fruit	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Green Beans	4 oz	Veg	Carrots (PP)	4 oz
			Veg	Mixed Vegetables	4 oz	Veg	Whole Kernel Corn	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	4 slices
Dairy	Milk			Tea			Tea	

Day 28

Meat	Fried Eggs	2 ea	Meat	Fish Sticks	8 ea.	Meat	Scrambled Eggs	4 oz
Bread	Toast	2 slices		Catsup	1 tbsp			
Bread	Oatmeal	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat	Hamburger Patty	1 ea
Fruit	Canned Fruit	4 oz				Bread	Flour Tortillas	2 ea
			Veg	Stewed Potatoes	4 oz	Veg	Oven Potatoes	4 oz
	Sugar	1 tbsp	Veg	Mixed Vegetables	4 oz			
	Coffee					Fruit	Fruit	4 oz
Dairy	Milk		Bread	Sliced Bread	2 slices	Dairy		
				Tea			Coffee	

FY 26 KOSHER MENU

Carly Kim, RDN, LD

Day 29

Meat	Scrambled Eggs	4 oz	Meat	Hamburger Patty	4 oz	Meat	Bologna	4 slices
Bread	Toast	2 slices		Catsup	1 tbsp			
Bread	Oatmeal	4 oz	Meat/Bean	Navy Beans	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Carrots (PP)	4 oz	Veg	Stewed Potatoes	4 oz
	Sugar	1 tbsp	Veg	Whole Kernel Corn	4 oz	Veg	Green Beans	4 oz
	Coffee						Salad Dressing	1 tbsp
Dairy	Milk		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	4 slices
				Tea			Tea	

Day 30

Meat	Scrambled Eggs	4 oz	Meat	Chicken Nuggets	4 oz.	Meat	Grd. Beef w/Spaghetti & Tomato Sauce	8 oz
Bread	Dry Cereal	1 ea		Catsup	1 tbsp			
Fruit	Canned Fruit	4 oz	Meat/Bean	Pinto Beans	4 oz	Meat/Bean	Black-Eye Peas	4 oz
Bread	Toast	2 slices						
	Jelly	1 tbsp	Veg	Mashed Potatoes	4 oz	Veg	Sweet Potatoes	4 oz
			Veg	Green Beans	4 oz	Veg	Greens (PP)	4 oz
	Sugar	1 tbsp						
	Coffee		Bread	Sliced Bread	2 slices	Bread	Sliced Bread	2 slices
Dairy	Milk			Tea			Tea	

Day 31

Meat	Fried Eggs	2 ea	Meat	Tuna	4 oz	Meat	Hamburger Patty	1 ea.
Bread	Toast	2 slices		Salad Dressing	1 tbsp		Catsup	1 tbsp
Bread	Oatmeal	4 oz	Meat/Bean	Black-Eye Peas	4 oz	Meat/Bean	Pinto Beans	4 oz
Fruit	Canned Fruit	4 oz						
			Veg	Mixed Vegetables	4 oz	Veg	Oven Potatoes	4 oz
	Sugar	1 tbsp	Veg	Greens (PP)	4 oz	Veg	Green Beans	4 oz
	Coffee			Relish	1 tbsp			
Dairy	Milk		Bread	Crackers	12 ea	Bread	Sliced Bread	2 slices
				Tea			Tea	

Notes: PP designates prison produced item only.

Fruit: any kosher canned fruit may be served at breakfast and only raisins are kosher.

Substitutions will only be made when absolutely necessary and must be noted on the Cooks' Worksheet.

No hot food shall be served between sundown Friday and sundown Saturday!

Jewish offenders can serve meals but shall not do any other work between sundown Friday and sundown Saturday.

Dessert will be served one time per week. White & yellow cake mix and both frosting mixes are acceptable.

Fresh vegetables and fresh fruit (when available) will be served in lieu of canned vegetables and canned or dried fruit.

SUBSTITUTIONS:

Bread: Sliced bread, flour tortillas, corn tortillas, and crackers may be substituted for each other when one is not available.

Vegetables: Green vegetables may be substituted for other green vegetables, yellow & orange vegetables and potatoes can be substituted for each other only when one is not available. All prison produced can goods are kosher.

Do not serve double portions of a vegetable when one is not available. Two vegetables will always be served!

Meat: Like meat items will be substituted when one is not available. Chicken qtrs. for chicken nuggets and vice versa

Bologna for salami and vice versa, chicken for fish or fish for chicken when one is not available.

Pasta: Egg noodles, macaroni and spaghetti can be substituted for each other.