

## Clear Liquid Diet Menu

### Breakfast

Water	8 oz
Punch	4 oz
Beef Broth	4 oz
Jello	4 oz
Coffee or Tea	4 oz
Sugar	1 tbsp

### Mid-Morning

Water	8 oz
Punch	4 oz
Chicken Broth	4 oz
Jello	4 oz
Coffee or Tea	4 oz
Sugar	1 tbsp

### Lunch

Water	8 oz
Punch	4 oz
Beef Broth	4 oz
Jello	4 oz
Coffee or Tea	4oz
Sugar	1 tbsp

### Dinner

Water	8 oz
Punch	4 oz
Beef Broth	4 oz
Jello	4 oz
Coffee or Tea	4 oz
Sugar	1 tbsp

### Mid-Evening

Water	8 oz
Punch	4 oz
Beef Broth	4 oz
Jello	4 oz
Coffee or Tea	4 oz
Sugar	1 tbsp

**NOTE:** Drained bean, fruit, or vegetable liquid MAY NOT be used as they contain food particles and are not considered clear liquid.