

Warning: Warm temps extend threat of mosquito-borne illness

Continued warm temperatures throughout Texas have kept mosquitoes alive and active, raising the chances of infection with a serious mosquito-borne illness such as Zika, West Nile and dengue fever. Each of these is a serious health threat, and pregnant women are especially at risk as the Zika virus is known to cause birth defects in unborn infants.



The best way to avoid illness is by preventing mosquito breeding and protecting yourself from bites. To learn more about Zika hazards and prevention, go to TexasZika.org. ♦

To prevent mosquito breeding

- Empty standing water from indoor and outdoor containers weekly
- Change water in pet dishes and bird baths daily
- Maintain water quality in swimming pools and hot tubs
- Cover trash containers, rain barrels, water tanks and cisterns
- Keep gutters, drains and ditches clear of weeds and debris

To protect against mosquito bites

- Limit outdoor activities when mosquitos are active
- Wear long-sleeved shirts and long pants
- Use insect repellent
- Keep doors and windows closed