

Green Bean Casserole

- 2 cans (14.5 oz each) Green Giant® French-style green beans, drained
- 1 can (10 3/4 oz) condensed cream of mushroom soup
- 1/4 cup milk
- 1 can (2.8 oz) French-fried onions

1. Heat oven to 350°F. In 1 1/2-quart casserole or glass-baking dish, mix green beans, soup and milk.
2. Bake 20 to 25 minutes, topping with onions during last 5 minutes of baking, until bubbly.

Per Serving: Calories 120 (Calories from Fat 70); Total Fat 7g (Saturated Fat 2 g, Trans Fat 1 1/2 g); Cholesterol 0 mg; Sodium 550 mg; Total Carbohydrate 11g (Dietary Fiber 1g, Sugars 2g); Protein 2 g

Percent Daily Value*: Vitamin A 8%; Vitamin C 4%; Calcium 4%; Iron 6%

Exchanges: 1/2 Other Carbohydrate; 1 Vegetable; 1 1/2 Fat

Carbohydrate 1

*Percent Daily Values are based on a 2,000-calorie diet.

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