

Frosty Fruity Sodas

You're only three ingredients and 15 minutes away from these refreshingly delicious beverages.

2 cups cranberry juice cocktail, chilled
2 cups raspberry sherbet
3 cups (24 ounces) ginger ale, chilled
Candy sprinkles, if desired

1. Pour 1/4 cup juice into each of 8 glasses or paper cups. Top each with 1/4 cup sherbet and 3 ounces ginger ale.
2. Sprinkle with candies. Serve immediately.

Per Serving: Calories 125 (Calories from Fat 10); Total Fat 1 g (Saturated Fat 0g);
Cholesterol 0mg; Sodium 25 mg; Total Carbohydrate 29 g (Dietary Fiber 0g); Protein 0g
% Daily Value: Vitamin A 0%; Vitamin C 26 %; Calcium 2 %; Iron 0%
Exchanges: 2 Fruit

© 2005 General Mills, Inc