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Saluting Employees

Dealing with holiday stress? Call Employee Assistance for help

The Employee Assistance Program is a TDCJ work benefit which can help employees and their families deal with any negative emotions and stress during the holiday season.

The EAP contracts with qualified counselors who provide professional assistance to agency employees and their families. Program counselors are available 24 hours a day, every day of the week, and are not TDCJ employees. The program is administered by



a private, nonprofit agency, and all communications with EAP are completely confidential.

Agency employees or their family members may call EAP at 866-832-5927 and discuss any problem, free of charge. If you need more extensive treatment, EAP will help you find support services, many of which are covered by medical insurance. ●